



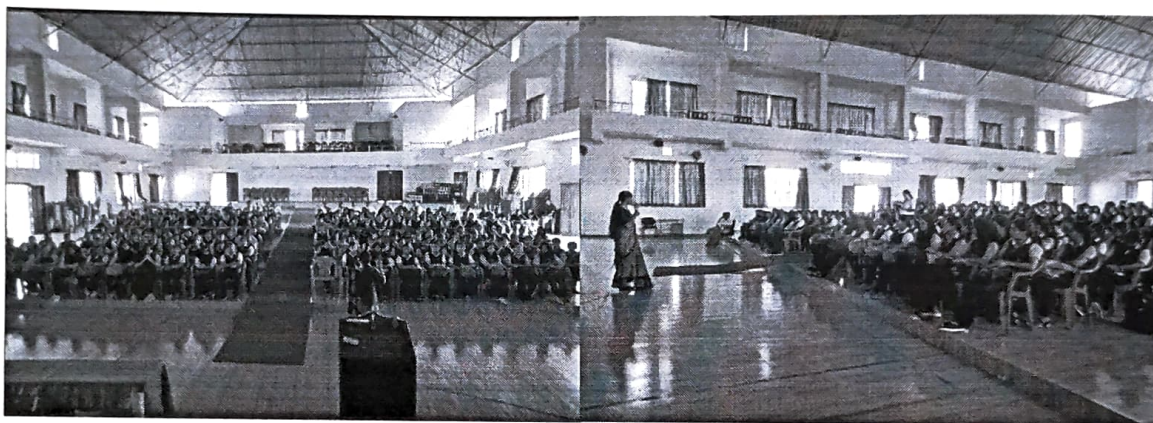
SREEPATHY INSTITUTE OF MANAGEMENT AND TECHNOLOGY, VAVANOOR

WOMEN CELL ANNUAL REPORT (2019-2020)

- **Women cell meeting** was held on 01/06/19 to discuss about the activities to be held during the academic year. Ms. Aswathy.P.G, Assistant Professor CE Department got assigned as women cell Convenor . Ms. Anjali Ananthan, Assistant professor ECE department became the joint Convenor of women cell. Student representatives for women cell got selected during the meeting. Swathi K V (S7ECE) got selected as secretary and Haritha K (S5 CSE) got selected as joint secretary.
- **Yoga day** got celebrated in 21/06/19 to raise global awareness about the benefits of the ancient Indian practice. It comes with a different theme every year. This year, it is on climate change. Bhagyasree PG, Assistant professor A S&H department demonstrated various asanas. Students from various departments participated in the event. Sushama.M, Hod ECE Department addressed the gathering and briefed about the importance of yoga in day to day life

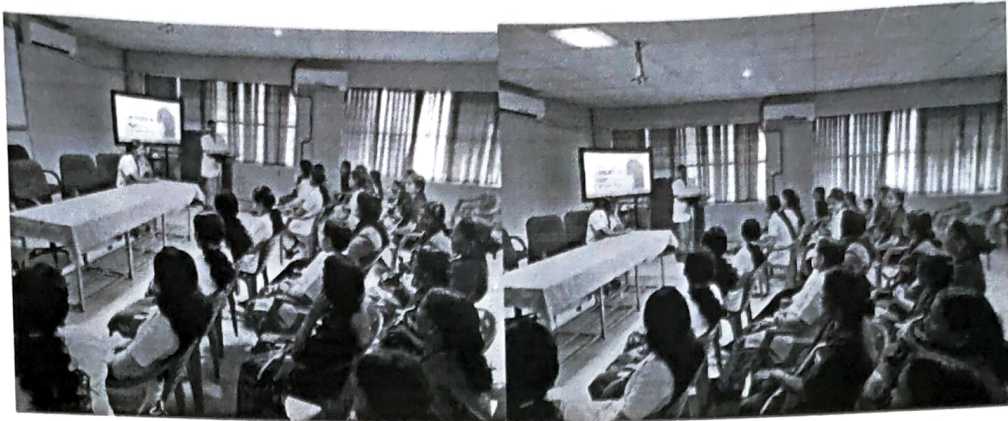


- **Women cell meeting** was held on 13/01/19 to discuss about the activities to be held during the current semester .it is decided to conduct programs on international womens day and a seminar on menstrual irregularities truth and myth
- As an initiative from women cell, a seminar was conducted on topic "**menstrual irregularities truth and myth**" on 23/01/2020.was handled by Dr.Suryalekshmi P B, Assistant professor, AshtamgaAyurveda Chikitsalayam & Vidyapeetham accompanied by Dr.Kavya, Ashtamgam AyurvedaChikitsalayam & Vidyapeetham and their team including five medical students.The session was started with a prayer. Ms.Sushma.M, HOD (ECE) gave inaugural speech. She explained about the need of this seminar in present scenario. The session was then continued by Dr. Suryalekshmi.P.B. She explained in detailed about menstrual cycle and problems faced by women during menstruation. She highlighted the need maintaining hygiene and need of avoiding junk foods. She spoke about symptoms of PCOD and type of treatments to be provided.



- *Women Development Cell observed International Women's Day on March 8th 2020. The theme for International Women's Day (8 March) 2020 is, "I am Generation Equality: Realizing Women's Rights".* The inaugural event of the programme started with a prayer which was followed by a welcome address by Ms.Anjali (AP ,ECE) .Women representatives from teaching, non teaching and student community of SIMAT attended the programme at Seminar hall. Ms.Sushma M (HOD ECE Department) felicitated the event





- **International women in engineering day** is celebrated on 23/06/2020.as a part of this, women cell in association with IEEE, a motivational video of lady engineering faculties in our college was prepared. Faculties from all departments participated in this program and the same got posted in our instagram page.

Link: <https://www.instagram.com/tv/CBxPPnfn1yz/?igshid=150kohxfv1e40>

Prepared by
Aswathy.P.H
[Signature]
Women cell convenor



[Signature]

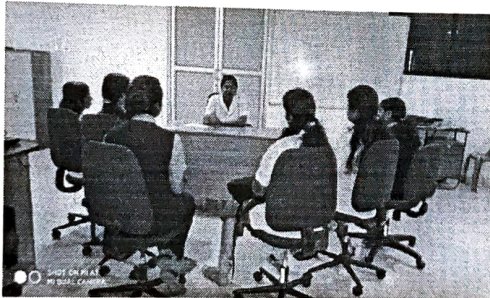
Principal
Sreepathy Institute of Management
and Technology, Vavanoor-679 549



SREEPATHY INSTITUTE OF MANAGEMENT AND TECHNOLOGY, VAVANOOR

WOMEN CELL ANNUAL REPORT (2018-2019)

- **Women cell** was established in 01/08/2018 under Women Complaint Commission for conducting programs for development of women community in the college. Ms. Remya sasidharan got assigned as the convenor for women cell.
- Logo for women cell got decided in the first meeting of co-ordinators
- **Women cell meeting** was held on 16/06/18 to discuss about the activities to be held during the academic year. Ms Aswathy.P.G , Women cell coordinator addressed the gathering. Student representatives for women cell got selected during the meeting. Athira bai (S7CE) got selected as secretary and Swathi K V (S5 ECE) got selected as joint secretary

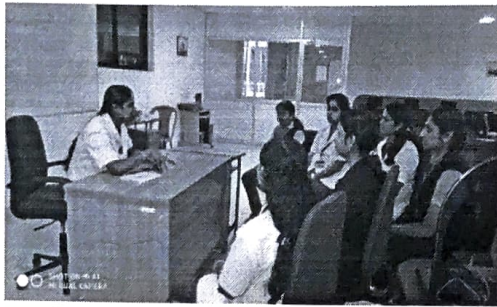


- On 21st June **Yoga day** was celebrated . Yoga is a 5000 year old physical, spiritual and mental practice which has its origin in our beautiful country. Yoga aims to transform both body and mind through a series of asanas and breathing techniques. Bhagyasree P G (AP,AS&H) demonstrated yoga to students and faculties.



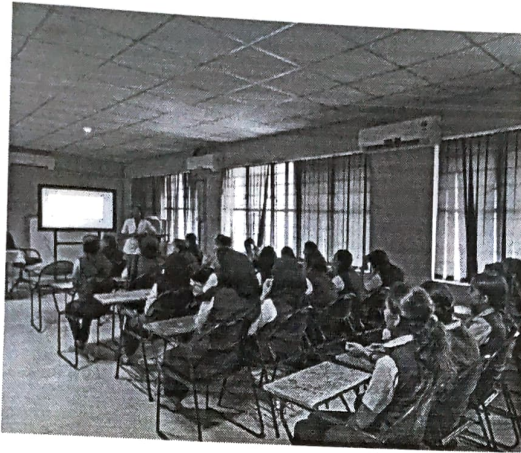


- **Women cell meeting** was held on 14/01/19 to discuss about the activities to be held during the current semester. Ms Aswathy.P.G , Women cell coordinator addressed the gathering. .it is decided to give awareness to students regarding hygieneic use of restroom.it is also decided to conduct a medical camp and to conduct a video show on national girl child day.

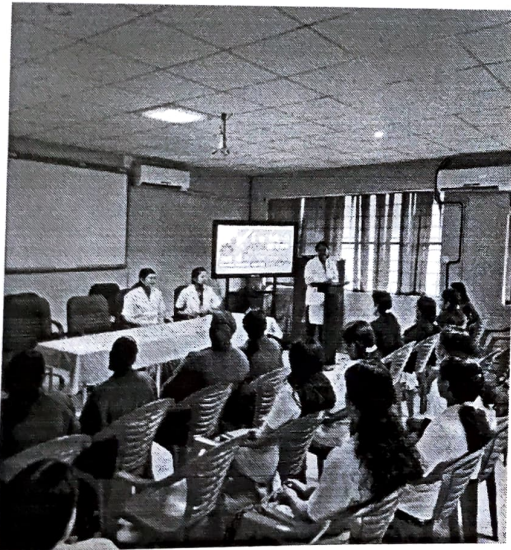


- **National girl child day** got celebrated on 24/01/2019.As a part of celebration a video show was conducted for students. The videos highlighted the need of educating girl child, Save the girl child, child sex ratios, and creating a healthy and safe environment for a girl child





- Women Development Cell observed **International Women's Day** on March 8th 2019. The inaugural event of the programme started with a prayer which was followed by a welcome address by Ms .Aswathy P.G (AP , CE) . The logo for this year's programme was "**THINK EQUAL BUILD SMART AND INNOVATE FOR CHANGE**". Women representatives from teaching, non teaching and student community of SIMAT attended the programme at Seminar hall. Ms.Sushma M (HOD ECE Department) felicitated the event.



- Women cell organised a **medical camp** ladies student on 28/03/19. The medical teams include experts from Ashtamgam Ayurveda Chikitsalayam & Vidyapeetham. The team gave them brief about various Common Reproductive Health Concerns for Women. The team provided a free medical checkup for students





Prepared by
Aswathy P.H
Women cell
committee.



Principal
Sriepathy Institute of Management
and Technology, Mysuru - 575 003