



## SREEPATHY INSTITUTE OF MANAGEMENT AND TECHNOLOGY, VAVANOOR

WOMEN CELL ANNUAL REPORT (2019-2020)

- Women cell meeting was held on 01/06/19 to discuss about the activities to be held during the academic year.MsAswathy.P.G, Assistant Professor CE Department got assigned as women cell Convenor . Ms.Anjali Ananthan,Assistant professor ECE department became the joint Convenorof women cell. Student representatives for women cell got selected during the meeting.Swathi K V (S7ECE ) got selected as secretary and Haritha K (S5 CSE ) got selected as joint secretary.
- Yoga day got celebrated in 21/06/19 to raise global awareness about the benefits of the ancient Indian practice. It comes with a different theme every year. This year, it is on climate change. Bhagyasree PG, Assistant professor A S&H department demonstrated various asanas. Students from various departments participated in the event. Sushama.M,Hod ECE Department addressed the gathering and briefed about the importance of yoga in day to day life



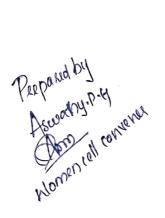
- Women cell meeting was held on 13/01/19 to discuss about the activities to be held during the current semester .it is decided to conduct programs on international womens day and a seminar on menstrual irregularities truth and myth
- As an initiative from women cell, a seminar was conducted on topic "menstrual irregularities truth and myth" on 23/01/2020.was handled by Dr.Suryalekshmi P B, Assistant professor, AshtamgaAyurveda Chikitsalayam & Vidyapeetham AyurvedaChikitsalayam & accompanied by Ashtamgam Dr.Kavya, Vidyapeetham and their team including five medical students. The session was started with a prayer. Ms.Sushma.M, HOD (ECE) gave inaugural speech. She explained about the need of this seminar in present scenario. The session was then continuedby Dr. Suryalekshmi.P.B. She explained in detailed about menstrual cycle and problems faced by women during menstruation. She highlighted the need maintaining hygiene and need of avoiding junk foods. She spoke about symptoms of PCOD and type of treatments to be provided.



Women Development Cell observed International Women's Day on March 8<sup>th</sup> 2020. The theme for International Women's Day (8 March) 2020 is," I am Generation Equality: Realizing Women's Rights". The inaugural event of the programme started with a prayer which was followed by a welcome address by Ms.Anjali (AP, ECE) .Women representatives from teaching, non teaching and student community of SIMAT attended the programme at Seminar hall. Ms.Sushma M (HOD ECE Department) felicitated the event.



• International women in engineering day is celebrated on 23/06/2020.as a part of this, women cell in association with IEEE, a motivational video of lady engineering faculties in our college was prepared. Faculties from all departments participated in this program and the same got posted in our instagram page. Link: https://www.instagram.com/tv/CBxPPnfn1yz/?igshid=150kohxfv1e40





Principal Sreepathy Institute of Management and Technology, Vavanoor-679.532





## SREEPATHY INSTITUTE OF MANAGEMENT AND TECHNOLOGY, VAVANOOR

WOMEN CELL ANNUAL REPORT (2018-2019)

- Women cell was established in 01/08/2018under Women Complaint Commission for conducting programs for development of women community in the college. Ms. Remya sasidharan got assigned as the convenor for women cell.
- Logo for women cell got decided in the first meeting of co-ordinators
- Women cell meeting was held on 16/06/18 to discuss about the activities to be held during the academic year. Ms Aswathy.P.G , Women cell coordinator addressed the gathering. Student representatives for women cell got selected during the meeting. Athira bai (S7CE ) got selected as secretary and Swathi K V (S5 ECE ) got selected as joint secretary



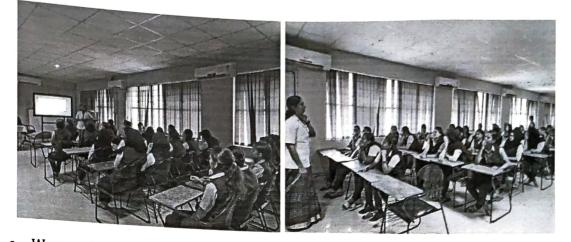
 On 21<sup>st</sup> June Yoga day was celebrated . Yoga is a 5000 year old physical, spiritual and mental practice which has its origin in our beautiful country. Yoga aims to transform both body and mind through a series of asanas and breathing techniques. Bhagyasree P G (AP,AS&H) demonstrated yoga to students and faculties.



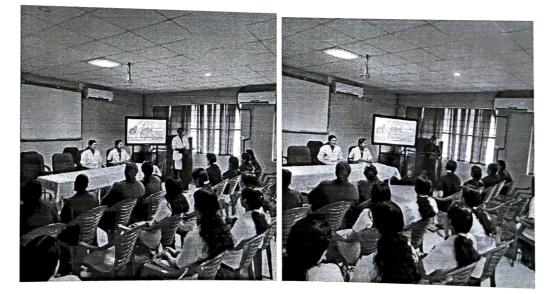
• Women cell meeting was held on 14/01/19 to discuss about the activities to be held during the current semester. Ms Aswathy.P.G, Women cell coordinator addressed the gathering. .it is decided to gave awareness to students regarding hygieneic use of restroom.it is also decided to conduct a medical camp and to conduct a video show on national girl child day.



• National girl child day got celebrated on 24/01/2019.As a part of celebration a video show was conducted for students. The videos highlighted the need of educating girl child, Save the girl child, child sex ratios, and creating a healthy and safe environment for a girl child



• Women Development Cell observed International Women's Day on March 8th 2019. The inaugural event of the programme started with a prayer which was followed by a welcome address by Ms .Aswathy P.G (AP, CE). The logo for this year's programme was "THINK EQUAL BUILD SMART AND INNOVATE FOR CHANGE'.Women representatives from teaching, non teaching and student community of SIMAT attended the programme at Seminar hall. Ms.Sushma M (HOD ECE Department) felicitated the event.



• Women cell organised a **medical camp** ladies student on 28/03/19. The medical teams include experts from Ashtamgam Ayurveda Chikitsalayam & Vidyapeetham. The team gave them brief about various Common Reproductive Health Concerns for Women. The team provided a free medical checkup for students





Repaired by Aswarthy. P.H. Norsen cell mer.

as >

Principal Sreepathy Institute of Monagement and Technology, Vavanoar-Arst 203

## SREEPATHY INSTITUTE OF MANAGEMENT AND TECHNOLOGY (SIMAT)



Vavanoor, Palakkad - 679 533

NSS Technical Cell Unit-233



### **GENESIS 17**

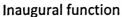
GENSIS, a district level workshop for a 'just and equal society' was conducted in Sreepathy institute of management & technology on 15<sup>th</sup>& 16<sup>th</sup> August 2017, organized by NSS Technical Cell and the Social Justice Department of Kerala.

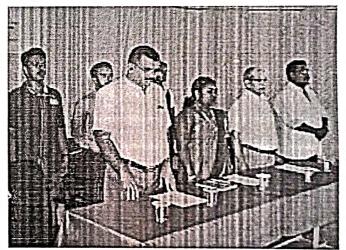
The camp was inaugurated by Smt. K.P Pushpaja, President, Block Panchayath, Thrithala. The function was presided by Sri. K.H. Parameswaran, Secretary, SIMAT. Sri Jabbar Ahammed (NSS tech cell), Sri Justin Joseph (NSS Project consultant) & Dr. George C.T. (Principal, SIMAT) addressed the delegates.

105 students from 15 technical colleges in Palakkad district participated in the two day residential event.

GENISIS 2017 got concluded on 16th August 2017 with the valedictory speech of Smt. Rajisha, President, NagalasseryPanchayath. The function was presided by Dr. K.N. Thrivikraman, Director, SIMAT. The delegate certificates were distributed by Dr. George C.T., Principal, SIMAT.







Valedictory function

Thanking all for their well wishes and support.

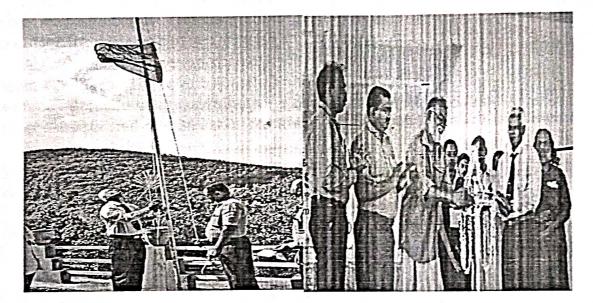
NSS P.O Sarath Sankar K.S.



# **GENSIS 2016**

## REPORT

GENSIS, an inter district workshop for a 'just and equal society' was conducted in SIMAT from 18-2-2016 to 19-2-2016, organised by NSS Technical Cell and the Social Justice Department of Kerala. Delegates of Palakkad, Malappuram and Kozhikode district reached the college at around 9.30 am on 18-02-16. After registration, the flag hoisting was done by our Principal, Dr. S P Subramanian.



#### ശില്പരാല

ບຽວເປັນ ທູເຕັດຖາແດງເບັດງ ລາວແມ່ ທຽວກາງ ຫຼາຍ ເຊິ່ງ ແມ່ກັນວ່າ ເດີຍແດນ ທີ່ຫຼາຍ ທີ່ເຫັດ ແລະ ເຊິ່ງ ແມ່ນ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ແມ່ນ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ແມ່ນ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ເຊິ່ງ ແມ່ນ ເຊິ່ງ ແມ່ນ ເຊິ່ງ ເຊິ່ງ

ສໂຊເວລາໝາວຫຼັງ ຄາດແກ່ ບູກເປັນກ່ຽ ຊີເລລ. ກາກາງ ທາງານ ຍູດ້າຍາວກາວມູຊູ, ເລາະອຸຢ ຄານຜູຽດໂ ຄລ. ເມື່ອ ພາກ ສາມູລະຫາງໜີ...

എന്.എസ്.എസ്. ടെക്സ് കൽ സെൽ സംസ്ഥാന കോ-ഓർഡിനോർ അണ്ലാംന്ദ ബ്ലാർ അഹാമർ, പ്രിൽസിപ്പൽ ഡോ. എസ്.പി. സ്വഇപം നേൽ. ക്യാസ് ഡയറും പ്രിപ്പ നായകം കോദേവൻ, ജെൽ ഡിസ് പ്രോജക്ംം ശരത്മാന്ദ ബാണ്യ, വേണ്ണ, ശ്രീനമാണ് മാണ്യ, വേണ്ണ, ശ്രീനമാണ്, പി.എച്ച്, ആതിരം എന്നിവ് സംസാവിച്ചു,



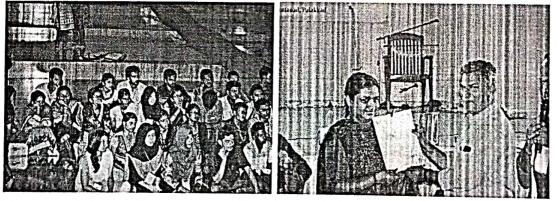
Seeding of a sumasay in the star to a suma the stars. Support of the sumasay of the star to a support of the su Inauguration ceremony started at 11.30 am. The Welcome speech was delivered by Sri. Abdul Jabbar Ahammed, NSS Tech Cell co-ordinator. It was presided by Sri. K. Vijayan, Secretary, Sreepathy Trust. The camp was inaugurated by Sri. T K Narayanadas, vice president, palakkad district panchayath. Sri. Brahmanayakam Mahadevan detailed about the camp activities. The function was felicitated by Dr. S P Subramanian, Sri. Venu - PTMA President, Sri Sarath Chandra Babu - GENSIS project member, Mr. Sreenath Nair - College senate chairman and Mr. Sarath Sankar K.S - NSS programme officer of SIMAT. Vote of thanks was delivered by Ms. Athira P H, NSS Volunteer Secretary of SIMAT. The function concluded at 12.30PM.

The first session was handled by Sri. Balakrishnan Pullat, he explained about the needs of Gender Equality, with the help of real time examples.

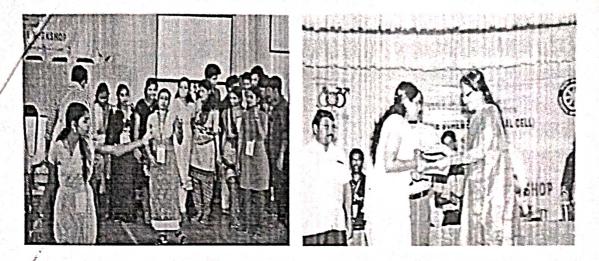
After lunch Sri. Brahmanayakam Mahadevan took over the stage for his inspiring sessions. The delegates were divided into 18 member groups and different tasks were assigned to each group.

The third session was handled by Smt. Sreeja, the founder of 'manushi' (club of women). It was an interactive session about the positive attitude towards women empowerment. She shared her experience of 'koythulsavam'.

Sri. Bhramanayakam continued his session assigning tasks helpful for teaching time management, leadership qualities etc. Posters on Gender Equality were prepared and exhibited in auditorium and a camp newspaper was released. First day session lasted till 1.30 am. It was a great experience for all.



Second day started with flag hosting by Dr. Nisham Rahman, NSS techcell consultant. After breakfast, the short films made by various groups were released. In the last session street plays based on different themes were conucted by each group.



The valedictory function started at 1.15 PM. Malayalam writer Smt. K.P Shailaja did a memorable valedictory speech and distributed the certificates for delegates. Midhun NACT Member, Dr. Nisham Rahman, Sri Abdul Jabbar Ahamed were felicitated by our Principal, Dr. S.P Subramanian. The vote of thanks was delivered by Mr. Sachin M K, volunteer secretary of SIMAT. The function came to end at 3 pm.

Thanking all for their well wishes and support.

NSS P.O Sarath Sankar



Principal Sreepathy Institute of Management and Technology, Vavanoor-679 533